

> mix and match

Breakfast Yoga

We all know that breakfast is the day's most important meal. And practicing Hatha Yoga even before breakfast – outdoors, if possible – is the very best way to start the day! Each session concludes with a group breakfast. Gabriele Honauer is a Yoga teacher in Linz.

Dynamic Meditations of Osho

In accordance with the teachings of Indian master Osho, Jivan Sunder and Nataly Turjeman introduce workshop participants to this unique form of meditation. The British artist Jivan Sunder has been teaching, amongst others, the practice of Osho meditations for many years. Nataly Turjeman is an Israeli artist & theoretician of the theatre.

Introduction to Autobiographic Theatre

The aim of this workshop is to focus on one's own personality and to learn to dramatically stage one's own life history. Angelika Kisser-Maayan is a dramaturge and drama therapist.

Living River Body

Performative body work on the basis of one's own body, the bodies of others, and their interplay in space. Sun Sun Yap is an actor and director from Singapore.

Movement for All

Everyone has a body, every body can move. Together with Marina Koraiman, workshop participants will explore the diversity of human movements, deal with the human body and experience contemporary dance. Marina Koraiman is a dancer and choreographer in Linz.

Mystic Rose

This meditation has three faces – one that laughs, one that cries and one that maintains composure. The British artist Jivan Sunder teaches Osho meditations among others.

Overtone Chanting

Just as light passing through a prism is refracted into the colours of the rainbow, sound can also be broken down into a bundle of tones: its overtones. Hans Tschiritsch, who has been working with overtones for 20 years, will acquaint workshop participants with this phenomenon. Tune up your voice!

Sacred Dance: Gurdjieff Movements/Training

Nataly Turjeman, Israeli artist & theoretician of the theatre, sensitises workshop participants to this traditional form of ritual dance, at the core of which is the unity of body and spirit.

Sonic Massage

Rooted in the shaman tradition, sound massage endows a feeling of harmony and inner well-being. Isa Belle demonstrates several techniques and imparts her personal insights into the relationship between sound and the human body. Isa Belle worked with Tibetan and Indian masters, and works as a holistic masseuse in Europe. (In cooperation with le manège.mons/CECN)

Sufi Whirling

Nataly Turjeman provides an introduction to this technique taught by the Dervishes and still practised to this day. The rotating motion transports practitioners into a meditative state and enables them to achieve inner tranquility.

Nataly Turjeman is an Israeli artist & theoretician of the theatre.

Sunset Yoga

Achieving calm, watching the sun go down behind Pöstlingberg, and doing so in combination with Hatha Yoga. Led by Gabriele Honauer, Yoga teacher in Linz.

Sweat Lodge

The sweat lodge is a place of external and internal purification. The sweat lodge ceremony is one of the most powerful rituals in the traditions of many indigenous peoples. Anne Tscharmann and Robert W. Pilak work in the field of personality formation and self-awareness. In this workshop, they'll be supported by Linz drummer Andrea Fuchs.

The Inner Rhythm for Beginners or Advanced

For all those who enjoy rhythm and sound, seek to clear their head, and summon strength for everyday life. Andrea Fuchs is a holistic therapist who uses natural healing methods, and a teacher of UR-TON® drumming in Linz.

The Magic of Kathakali

Arjun Raina, experienced Kathakali teacher, introduces workshop participants to the enchantments of this traditional Indian dance drama.

Toddlers and Parents

Based on a concept developed by Stephan Rabl, artistic director of Dschungel Wien – Theatre for Young Audiences and the Schöpfer International Theatre Festival in Upper Austria, musician Mathias Jakisic and dancer Adriana Cubides will facilitate musical and terpsichorean interactions involving babies and parents.

To register, to receive information and to learn registration conditions, log on to: www.linz09.at/impossible

Academy of the Impossible Center during the first summer course programme:

Lentos Museum of Art Linz Ernst-Koref-Promenade 1 4020 Linz

Workshop Locations:

Anton Bruckner Privatuniversität Sandgasse 12-14 & Fabrikstraße 2 4020 Linz

Landesgalerie Linz Museumstraße 14 4010 Linz

Stadtpfarre Linz Pfarrplatz 4 4020 Linz



CREDITS Linz 2009 Kulturhauptstadt Europas OrganisationsGmbH, Gruberstraße 2, 4020 Linz, Austria, tel +43/732/2009-41 fax +43/732/2009-43, office@linz09.at, www.linz09.at // Martin Heller, Artistic Director, Walter Putschögl, Financial Director EDITORIAL BOARD Barbara Seemann, David Maayan // CONCEPT AND DESIGN Buchegger, Denoth, Feichtner/Haslinger, Keck PRINTING BTS Druck GmbH, Engerwitzdorf // PICTURE CREDITS Dietmar Tollerian



A PROJECT FOR



Academy of the Impossible. Imopssbile bcoemes pssoibel.



Weclmoe to the frsit porgarmme of semmur curoses bieng oeffred by the Aacdmeey of the Ipomssbile in Lniz!

My aim has been to create a programme that enables everyone to explore his/her own artistic and human capabilities, and to overcome (apparent) personal limitations.

Having selected renowned artists from across the entire spectrum of the performing arts, we've put together a set of course offerings under the motto "there is no art of the question" that emphasises precisely this boundary-transcending approach.

Please join us! Partake of these summer course offerings and make the seemingly unattainable a reality. Take the plunge into the possible!

David Maayan

Artistic director Academy of the Impossible

> mix and match

Ideal for all those who'd like to take part in several shorter workshops and assemble a programme custom-tailored to their own needs. NOTE: Guaranteed to keep you coming back for more! These workshops can be booked by the day.

Prices are quoted as full price/discount price. In the mix and match category, prices are per day.

| | | | | | | | | | |
|--|---|--|--|--|--|--|--|--|--|
| > 1. Week / 14.7.08-20.7.08 | | | | | | | | | |
| The Inner Rhythm for Beginners Andrea Fuchs 15.7.-18.7. 10.00-13.00 Meeting Place Lentos Euro 30.-/20.- | The Inner Rhythm for Advanced Andrea Fuchs 14.7., 16.7. 19.00-21.00 Meeting Place Lentos free of charge | Living River Body Sun Sun Yap 15.7.-18.7. 10.00-13.00 Landesgalerie Euro 5.- | Sacred Dance: Gurdjieff Movements/Training Nataly Turjeman 16.7., 18.7. 10.00-14.00 14.7., 15.7., 17.7. 14.00-17.00 Lentos Euro 30.-/20.- | Dynamic Meditations of Osho Nataly Turjeman 14.7.-18.7. 17.00-18.00 Lentos Euro 5.- | Toddlers and Parents Adriana Cubides/ Mathias Jakisic 19.7., 20.7. 10.00-11.00 or 16.00-17.00 Lentos Euro 5.- | Breakfast Yoga Gabriele Honauer 18.7. 07.30-10.00 Meeting Place Lentos Euro 5.- | Sunset Yoga Gabriele Honauer 16.7. 19.00-21.00 Meeting Place Lentos free of charge | The Magic of Kathakali Arjun Raina 14.7., 16.7., 18.7. 16.00-18.00 19.7./20.00-21.00 Anton Bruckner Privatuniversität, Fabrikstraße Euro 5.- | Sonic Massage Isa Belle 14.7.-18.7. 13.00-18.00 (20 minutes-sessions bookable) Lentos Euro 5.- |
| > 2. Week / 21.7.08-27.7.08 | | | | | | | | | |
| Movement for All Marina Koraiman 21.7.-26.7. 18.00-20.00 Meeting Place Lentos free of charge | The Inner Rhythm for Beginners Andrea Fuchs 22.7.-24.7. 19.00-13.00 Meeting Place Lentos Euro 30.-/20.- | The Inner Rhythm for Advanced Andrea Fuchs 21.7., 25.7. 19.00-21.00 Meeting Place Lentos free of charge | Sacred Dance: Gurdjieff Movements/Training Nataly Turjeman 21.7., 23.7., 25.7. 10.00-14.00 22.7., 24.7. 14.00-17.00 Lentos Euro 30.-/20.- | Living River Body Sun Sun Yap 21.7.-25.7. 10.00-13.00 Landesgalerie Euro 5.- | Dynamic Meditations of Osho Nataly Turjeman 21.7.-25.7. 17.00-18.00 Lentos Euro 5.- | Toddlers and Parents Adriana Cubides/ Mathias Jakisic 26.7., 27.7. 10.00-11.00 or 16.00-17.00 Lentos Euro 5.- | Breakfast Yoga Gabriele Honauer 22.7., 25.7. 07.30-10.00 Meeting Place Lentos Euro 5.- | Sunset Yoga Gabriele Honauer 23.7. 19.00-21.00 Meeting Place Lentos free of charge | The Magic of Kathakali Arjun Raina 21.7., 23.7., 25.7. 16.00-18.00 26.7./20.00-21.00 Anton Bruckner Privatuniversität, Fabrikstraße Euro 5.- |
| > 3. Week / 28.7.08-3.8.08 | | | | | | | | | |
| Movement for All Marina Koraiman 28.7.-2.8. 18.00-20.00 Meeting Place Lentos free of charge | The Inner Rhythm for Beginners Andrea Fuchs 29.7., 31.7. 10.00-13.00 Meeting Place Lentos Euro 30.-/20.- | The Inner Rhythm for Advanced Andrea Fuchs 28.7., 30.7., 1.8. 19.00-21.00 Meeting Place Lentos free of charge | Overtone Chanting Hans Tschiritsch 28.7., 1.8. 14.00-18.00 30.7. 10.00-14.00 Stadtpfarre Linz Euro 30.-/20.- | Mystic Rose Jivan Sunder 28.7.-1.8. 14.00-17.00 Lentos Euro 30.-/20.- | Dynamic Meditations of Osho Jivan Sunder 28.7.-2.8. 17.00-18.00 Lentos Euro 5.- | Living River Body Sun Sun Yap 28.7.-30.7. 10.00-13.00 Landesgalerie Euro 5.- | Toddlers and Parents Adriana Cubides/ Mathias Jakisic 2.8., 3.8. 10.00-11.00 or 16.00-17.00 Lentos Euro 5.- | Breakfast Yoga Gabriele Honauer 29.7., 1.8. 07.30-10.00 Meeting Place Lentos Euro 5.- | Sunset Yoga Gabriele Honauer 30.7. 19.00-21.00 Meeting Place Lentos free of charge |
| > 4. Week / 4.8.08-10.8.08 | | | | | | | | | |
| Movement for All Marina Koraiman 4.8.-9.8. 18.00-20.00 Meeting Place Lentos free of charge | The Inner Rhythm for Beginners Andrea Fuchs 4.8. 10.00-13.00 Meeting Place Lentos Euro 30.-/20.- | The Inner Rhythm for Advanced Andrea Fuchs 5.8., 6.8. 19.00-21.00 Meeting Place Lentos free of charge | Overtone Chanting Hans Tschiritsch 4.8., 8.8. 14.00-18.00 6.8. 10.00-14.00 Stadtpfarre Linz Euro 30.-/20.- | Dynamic Meditations of Osho Jivan Sunder 4.8.-8.8. 17.00-18.00 Lentos Euro 5.- | Sweat Lodge Anne Tscharmann/ Robert W. Pilak/ Andrea Fuchs 7.8., 10.00 over night until 8.8., 12.00 Meeting Place Lentos/ Surprise Location Euro 30.-/ 20.- | Toddlers and Parents Adriana Cubides/ Mathias Jakisic 9.8., 10.8. 10.00-11.00 or 16.00-17.00 Lentos Euro 5.- | Breakfast Yoga Gabriele Honauer 5.8., 8.8. 07.30-10.00 Meeting Place Lentos Euro 5.- | Sunset Yoga Gabriele Honauer 6.8. 19.00-21.00 Meeting Place Lentos free of charge | |
| > 5. Week / 11.8.08-17.8.08 | | | | | | | | | |
| The Inner Rhythm for Beginners Andrea Fuchs 12.8.-15.8. 10.00-13.00 Meeting Place Lentos Euro 30.-/20.- | The Inner Rhythm for Advanced Andrea Fuchs 11.8., 13.8. 19.00-21.00 Meeting Place Lentos free of charge | Overtone Chanting Hans Tschiritsch 13.8., 15.8. 14.00-18.00 Stadtpfarre Linz Euro 30.-/20.- | Introduction to Autobiographic Theatre Angelika Kisser-Maayan 11.8., 13.8., 15.8. 14.00-18.00 Lentos Euro 30.-/20.- | Sufi Whirling Nataly Turjeman 11.8., 13.8., 15.8. 14.00-17.00 Lentos Euro 5.- | Dynamic Meditations of Osho Nataly Turjeman 11.8.-15.8. 17.00-18.00 Lentos Euro 5.- | Breakfast Yoga Gabriele Honauer 12.8., 15.8. 07.30-10.00 Meeting Place Lentos Euro 5.- | Sunset Yoga Gabriele Honauer 13.8. 19.00-21.00 Meeting Place Lentos free of charge | | |

> do it all

Just the thing for those who want to concentrate intensively on the speciality field of one of the artists in order to gain insights and acquire skills progressively over a series of sessions. These workshops can be booked only as an entire unit.

| | | | | |
|---|---|---|--|--|
| > 1. Week / 14.7.08-20.7.08 | | | | |
| Movement Attack Marina Koraiman 14.7.-18.7. 10.00-18.00 Meeting Place Landesgalerie Euro 100.-/75.- | Bodies in Urban Spaces Willi Dorner 14.7.-18.7. 10.00-19.00 Anton Bruckner Privatuniversität, Fabrikstraße Euro 100.-/75.- | Overtone Chanting Hans Tschiritsch 14.7.-17.7. 10.00-18.00 Stadtpfarre Linz Euro 100.-/75.- | Healing Clowning Giora Seeliger 16.7.-19.7. 10.00-18.00 Anton Bruckner Privatuniversität, Sandgasse Euro 100.-/75.- | Transformation of a Sound Alexander MacSween 14.7.-18.7. 10.00-18.00 Anton Bruckner Privatuniversität, Sandgasse Euro 100.-/75.- |
| > 2. Week / 21.7.08-27.7.08 | | | | |
| Building Overtone Instruments Hans Tschiritsch 22.7.-25.7. 10.00-18.00 Stadtpfarre Linz Euro 100.-/ 75.- | The Heart of the Male Soul Ida Kellarova 21.7./18.00-21.00 22.7./10.00-18.00 23.7./10.00-15.00 Lentos Euro 75.-/60.- | Song of My Soul Ida Kellarova 25.7./18.00-21.00 26.7.-29.7. 10.00-17.00 Anton Bruckner Privatuniversität, Sandgasse Euro 100.-/75.- | Impossible Clowning Giora Seeliger 21.7.-24.7. 10.00-18.00 Anton Bruckner Privatuniversität, Fabrikstraße Euro 100.-/75.- | The Impossible David Maayan 24.7.-26.7. 10.00-17.00 Lentos Euro 75.-/60.- |
| > 3. Week / 28.7.08-3.8.08 | | | | |
| Gypsy Celebration Ida Kellarova 31.7./17.00-22.00 1.8.-2.8./10.00-18.00 2.8./19.00-21.00 Anton Bruckner Privatuniversität, Sandgasse Euro 75.-/60.- | | | | |
| > 4. Week / 4.8.08-10.8.08 | | | | |
| Sacred Dance: Gurdjieff Movements Jivan Sunder/ Nataly Turjeman 4.8.-8.8. 10.00-17.00 Lentos Euro 100.-/75.- | The Inner Child Pablo Zaltzman/ Neta Plotzki 4.8.-7.8. 10.00-21.00 Anton Bruckner Privatuniversität, Fabrikstraße Euro 100.-/75.- | Subversive Writing Joshua Sobol 4.8.-8.8. 10.00-18.00 Lentos Euro 100.-/75.- | Tuners Thierry Coduys/ Sun Sun Yap 4.8.-8.8. 10.00-18.00 Anton Bruckner Privatuniversität, Sandgasse Euro 100.-/75.- | |
| > 5. Week / 11.8.08-17.8.08 | | | | |
| The Family Table Drama David Maayan 14.8.-16.8. 10.00-18.00 Anton Bruckner Privatuniversität, Fabrikstraße Euro 75.-/60.- | | | | |

> do it all

Bodies in Urban Spaces

This workshop targets people who are interested in using their body to "reflect" upon the public sphere and to perceive the dimension of space. This exercise is based on contact improvisation with a focus on our physical apparatus of sensory perception. Willi Dorner is a dancer and choreographer in Vienna.

Building Overtone Instruments

Anything that generates pleasant sounds – even objects that seem destined for the garbage heap – can serve as the basis for an extraordinary musical instrument. We'll be producing surprising, wondrous, astounding, not-your-everyday sounds from common, everyday objects. Hans Tschiritsch is a specialist in overtones, acoustic researcher, builder of unusual aural apparatuses and master of sounds.

Sacred Dance: Gurdjieff Movements

According to Gurdjieff, different physical movements and activities can radically alter our perception. The British artist Jivan Sunder has been teaching the practice of Gurdjieff and Osho meditations throughout the world for many years. At this workshop, he'll be assisted by Nataly Turjeman.

Song of My Soul

This intensive workshop is for all those who dare to journey into the depths of their own soul and wish to discover their true inner voice. It will be led by well-known Romany songstress Ida Kellarova.

Subversive Writing

Joshua Sobol, Israeli dramatist and author who gained international fame with his plays "Weininger's Night" and "Ghetto," will support workshop participants in producing their own short literary works.

The Family Table Drama

Personal material of a real or conceptual nature is worked out in a creative process as a way of discovering one's own theatrical language. Theatre creator David Maayan is the artistic director of the Academy of the Impossible.

The Heart of the Male Soul

A men-only singing workshop under the direction of Ida Kellarova, well-known Romany songstress and experienced workshop leader.

The Impossible

As the core element of the "Academy of the Impossible", this course sheds light on the basic principles of sheer impossibility. Participants take a personal and an artistic approach to their confrontations with the impossible. Designed for people seeking an up-close-and-personal encounter with their limits. Theatre creator David Maayan is the artistic director of the "Academy of the Impossible".

The Inner Child

The 'inner child' is your creative and emotional centre. This workshop invites you to re-establish contact with your inner child and to use artistic means to create a harmonious relationship. Led by Neta Plotzki and Pablo Zaltzman, theatre artists working in Israel.

Transformation of a Sound

Workshop participants will learn various aspects of modern sound technology from internationally renowned Canadian musician and composer Alexander MacSween. Then, they'll be able to try their own hand at mixing sounds and tonal fragments. (In cooperation with le manège.mons/CECN)

Tuners

A challenging introduction into the world of digital sound and the work with sensors, the likes of which won't come along again so soon. Thierry Coduys, founder and director of the Paris multimedia agency "la kitchen," works with contemporary music and the production of electro-acoustic tools. (In cooperation with le manège.mons/CECN)